The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Wells

LCC Name: CADA (Citizens Against Drug Abuse)

LCC Contact: Angie Dial

Address: 102 W. Market Street – Suite 205

City: Bluffton, IN 46714

Phone: (260) 824.8574

Email: CADAofWellsCounty@yahoo.com

County Commissioners: Michael Vanover – Blake Gerber – Jeff Stringer

Address: Wells County Courthouse – 102 W. Market Street

City: Bluffton

Zip Code: 46714

Vision Statement

What is your Local Coordinating Council's vision statement?

CADA strives to raise awareness and reduce substance abuse through education and collaboration.

Mission Statement

What is your Local Coordinating Council's mission statement?

The mission of Wells County Citizens Against Drug Abuse (CADA) is to investigate alcohol, tobacco, and other drug problems in our community; coordinate efforts to reduce these problems; and examine funding of programs designed to achieve this goal.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Adams, Kari	Bowen Center	C	F	TREATMENT
2	Andrews, Vicki (treasurer)	Southern Wells / Wells Co Govt	C	F	PREVENTION
3	Broderick, Jinny	Park Center	C	F	TREATMENT
4	Carroll, Adam (chairman)	Loving Shepherd Ministries	C	M	TREATMENT
5	Collier, Betsy	Council on Aging / WOW	C	F	TREATMENT
6	Dial, Angie (coordinator)	Family Centered Services	C	F	PREVENTION
7	Diamond, Andrea	Grace and Mercy	C	F	PREVENTION
8	Enderle, Andrew	Norwell Middle School	C	M	PREVENTION
9	Greer, Det Quinton	Wells County Sheriff's Dept	C	M	JUSTICES SERVICES
10	Haney, Janet	DHMA Regional Representive	C	F	PREVENTION
11	Heckel, Det Marijean	Bluffton Police Dept	C	F	JUSTICE SERVICES
12	Herrold, Stacy	Bluffton Middle School	C	M	PREVENTION
13	Hoag, Molly (vice-chairman)	Purdue Extension	C	F	PREVENTION
14	Holderman, Deane' (secretary)	Department of Child Services	C	F	JUSTICES SERVICES
15	Hulvey, Angela	Norwell High School	C	F	PREVENTION
16	Morrison, Stacy	Bluffton High School	C	F	PREVENTION
17	Runyon, Valerie	Wells County Probation Dept	C	F	JUSTICES SERVICES
18	Tucker, Ofc Stephanie	Ossian Police Dept	C	F	JUSTICES SERVICES
19	Walker, Christine	Community Care	C	F	PREVENTION
20	Whicker, Mayor John	City of Bluffton	C	M	JUSTICES SERVIES
21	Wondercheck, Hattie	Helping Hands	C	F	PREVENTION

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

2nd Thursday of the month at 11:30 am at the 4-H Community Center (unless otherwise noted):

JANUARY 13, 2022

FEBRUARY 10, 2022 - FCS

MARCH 10, 2022

APRIL 14, 2022

MAY 12, 2022

JUNE 9, 2022

JULY - - no meeting

AUGUST 11, 2022

SEPTEMBER 8, 2022

OCTOBER 13, 2022 - LSM (CADA Awards Luncheon)

NOVEMBER 10, 2022

DECEMBER 8, 2022

*meetings are held from 11:30 am to 12:30 pm

II. Community Needs Assessment

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name

Wells County

County Population

28,142 (2020 census)

Schools in the community

Bluffton Harrison Metropolitian School District (BES, BMS, BHS)

Northern Wells Community Schools (LES, OES, NMS, NHS)

Northern Wells Alternative School

Southern Wells Community Schools (SWES, SW Jr/Sr HS)

Bethlehem Luthern School

Kingdom Academy

Wesleyan Heritage Academy

New Life Christian School

Adams-Wells Special Services

Head Start Center

Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)

Bluffton Regional Medical Center

Lutheran Health Physicians (Ossian, Markle, Bluffton)

Meridian Health Services (Internal Medicine and Pediatrics)

Ear. Nose & Throat Associates

RediMed

Bluffton Regional Medical Center Continuing Care

Markle Health Care and Rehabilitation

Ossian Health Care and Rehabilitation

Christian Care Retirement Community

River Terrace Returement Community

Visiting Nurse

Heartland Home Care & Hospice

Lutheran Health Network Home Health

Indiana Physical Therapy

Wells County Health Department

Wells County EMS

Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)

Park Center

Bowen Center

Meridian Health Services

Renovate Counseling Services

Brickhouse Program of Loving Shephard Ministries

Center for Behavioral Health

Family Centered Services

Joan Phelps, LMHC

Crosswinds Counseling Center

Parkview Behavioral Health Institute

Service agencies/organizations

Kiwanis Club of Greater Bluffton

Optimists Club of Bluffton

Bluffton Rotary

Ossian Rotary

Bluffton Lions Club

Ossian Lions Club

Elks Lodge B.P.O.E. 796

Moose Lodge

American Legion Post #111

Vietnam Veterans of America, Chapter 698

Bluffton Lodge #145 F & A Masons

Knights of Columbus, Bluffton

Knights of Columbus, Ossian

Parlor City Fraternal Order of Police

Extension Homemakers

LiGHT (Ladies Initiating Giving-An Honored Tradition)

Psi Iota Xi, Bluffton

Psi Iota Xi, Ossian

Sigma Phi Gamma, Epsilon Zeta Chapter

Tri Kappa, Beta Phi Chapter

Friends of the Library

Friends of Ouabache State Park

Friends of the Shelter

Friends Who Care Cancer Foundation

Upper Wabash Conservation & Science Center

The Connecting Center

Mental Health Association of Wells County

Salvation Army of Wells County

Wells County Genealogy Society

Wells County Historical Society

Wells County 4-H Association

Boy Scouts of America - Anthony Wayne Area Council

Girl Scouts of Northern Indiana-Michiana

4-H

Youth For Christ / Big Jaws

Local media outlets that reach the community

Fort Wayne Journal Gazette

Bluffton News Banner

Ossian Journal

Sunriser

The Advertiser

The Tab

Wells County Voice

WPTA

WANE

WISE-TV

WFFT

WFWA / PBS

WZBD Radio (Berne)

WFCV Radio (Bluffton)

WJCO Radio (Montpelier)

What are the substances that are most problematic in your community?

Alcohol and Marijuana (most use)

Meth / Amphetimines

Meth / Amphetimenes laced with Fentanyl (most problematic)

Heroin and Opiates (common)

Vaping (increasing)

LSD (recently appearing)

List all substance use/misuse services/activities/programs presently taking place in the community

Park Center

Bowen Center

Meridian Health Services

Renovate Counseling Services

Praxis by Landmark Recovery

Center for Behavioral Health

Family Centered Services

Joan Phelps, LMHC

LSM Brickhouse Program

Crosswinds Counseling Center

Parkview Behavorial Health Institute

Wells County Probation/Intensive Supervision Program

CARE (Community Action Response and Engagement) / FCS

Adams-Wells Crisis Center

Community Care of Wells County

A Better Life-Brianna's Hope (Sonlight Wesleyan Church)

Reformers Unanimous (Grace Baptist Church)

Alcoholics Anonymous (First Church of Christ, Epworth Methodist Church-2, First Reformed Church)

Narcotics Anonymous (Epworth Methodist Church)

Thistles (Green Valley Golf Course)

Unshackled (Southern Wells Community Church)

iTown Bluffton Recovery

Foundations of Truth

Ethan Crossing

Behavior & Recovery Resource Center of Wells County

CADA

WRAPP

Wells County Health Department

Council on Aging / Wells On Wheels

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

<u>Risk Factors Examples:</u> trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

<u>Protective Factors Examples:</u> strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Wells County is a rural community	1. population density is low	1. limited transportion options
,	2. small town mentality; want community to thrive	2. limited recovery resources
		3. interconnected community;
	3. family oriented; take care of our own	limited peer mentors aside from regular peer group
2. Wells County offers limited capacity for treatment and recovery services	1. treatment capacity is expanding	1. mental health and treatment services are still severely limited; need outweighs availability
	2. a variety of support group	
	options are available	2. new local inpatient treatment facility only takes Medicaid
	3. some progress has been made to reduce stigma and increase	patients at this time
	community support	3. deficit of trained staff exists; agencies struggle to fill openings
3. There are high incidents of substance use in Wells County	1. youth prevention programs	high arrest rate for alcohol and drug crimes
substance use in wens county	2. community awareness	drug crimes
	programs	2. ATOD use can lead to other criminal acts
	3. compassionate and well-	
	trained first responders	

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

		3. arrest to treatment time lapse is unfavorable
Protective Factors	Resources/Assets	Limitations/Gaps
1. Youth education is available in Wells County	county high schools utilize random student drug testing and resources; provide ATOD and mental health speakers community ATOD resources, programming and collaboration diversion programming for first time offenders offers ATOD education	youth use is increasing; especially via vaping devices are outweighing resources available, especially housing and food, presenting challenges in education and supervision number of single mother households in poverty is increasing
2. Community education opportunities are provided in Wells County	CADA promotes community partnerships and discussion on trends and opportunities Systems of Care brings providers together via monthly WRAPP meetings Memorial funds acquired will provide additional money into the community to address ATOD service needs	 lack of trained professionals to fill gaps in services getting people who need the knowledge and resources around the table programming can be cost prohibitative
3. Treatment and support options continue to slowly increase in Wells County	treatment provider capacity is increasing programming has increased with virtual options expanding to hard to reach populations support options have expanded to include a Medicaid addiction recovery treatment center in the community and a housing program for women in recovery continues to grow	cost can be prohibitive capacity/enrollment/waiting period doesn't allow services to be available when needed, often due to lack of trained staff transportation can be a barrier

III. Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP)

is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

- Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements
- Step 2: Ensure your problem statements are evidence-informed, then prioritize
- Step 3: Brainstorm what can be done about each
- Step 4: Prioritize your list, and develop SMART goal statements for each
- Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Wells County is a rural community	Shortages in trained staff has hindered needed awareness and education efforts in Wells County
	2. There is a lack of resources/funding for education regarding ATOD issues in Wells County
	3. More diverse ATOD services are needed in Wells County
2. Wells County offers limited capacity for treatment and recovery services	1. Delays in licensing efforts and the availability of trained staff presented new challenges in serving those in treatment and recovery
	2. There is an ongoing need for ATOD treatment and recovery services in Wells County
	3. Transportation can be a barrier to ATOD services in Wells County
3. There are high incidents of substance use in Wells County	ATOD use among youth and adults is problematic in Wells County
	2. There is an increase in recreational use of marijuana due to the ease of access from Ohio and Michigan
	3. There is an increase in mental health incidents in both youth and adults and an increase in relapses as a result of environmental factors such

	as isolation experienced during COVID-19 and unrest in Russia
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Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes	Data Source
1. ATOD use among youth is problematic in Wells County	-2.5% of random student drug testing in county middle schools (2020-2021 school year) came back positive for substance use (.85% for drugs; .85% for cotinine; .85% for prescribed ADHD medication)	Bluffton Middle School Norwell Middle School
	-12.3% of random student drug testing in county high schools (2020-2021 school year) came back positive for substance use (5.2% for drugs; 7.1% for cotinine)	Bluffton High School Norwell High School Southern Wells Jr/Sr HS
	-16 juveniles were dispositioned through Teen Court in 2021; 10 (62.5%) were for ATOD use	Wells County Teen Court / FCS
2. There is an ongoing need for ATOD treatment and recovery services in Wells County	-295 clients received services for chemical dependency in Wells County in 2021 (118 at Park Center, 45 at Bowen Center, 132 at Renovate Counseling Services)	Park Center Bowen Center Renovate Counseling Services
	-80 chemical dependency clients participated in MAT programming in 2021 (51 at Park Center and 29 at Bowen Center)	Park Center Bowen Center
	-There were 10 weekly support meetings held in 2021 in Wells County (3-AA, 1-NA, 1-RU, 1 ABL-BH, Thistles, Unshackled, iTown Bluffton Recovery, Foundations of Truth); a closed	CADA Community Corrections 2021 Wells County Fact Book

	RU group is also available at a housing program for women in recovery	
3. ATOD use among adults is problematic in Wells County	-177 (16.3%) (WCSD:124, BPD:34, OPD:19) of all adult arrests (WCSD:649, BPD:361, OPD:79 = 1,089 total adult arrests) were for DUI in 2021; 317 (29.1%) (WCSD: 189, BPD:105, OPD:23) were drug arrests	Wells County Sheriffs Dept Bluffton Police Dept Ossian Police Dept
	-Drug screens for overall probation population in 2021 with positive results was 570 out of 1224 (46.6%)	Wells County Probation
	-275 deaths occurred throughout 2021; 8 (2.9%) were considered by overdose	Wells County Health Dept

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. ATOD use among youth is problematic in Wells County	1. Support programs that seek to improve and increase community attachment and recognition for the youth population as a means to increase protective factors against ATOD use
	2. Support schools to continue random student drug testing programs and to collaborate to provide resources for students in violation or in need of ATOD or mental health services
	3. Support local law enforcement and other agency efforts to increase their capacity to reduce ATOD use in youth
2. There is an ongoing need for ATOD treatment and recovery services in Wells County	1. Support current ATOD education, prevention, intervention and treatment services and programming; especially to underserved populations

	Support new ATOD education, prevention, intervention and treatment programming and services Seek and support options to remove barriers to treatment and support services, including transportation services, virtual services and other unmet needs
3. ATOD use among adults is problematic in Wells County	Support programs that seek to improve and increase community attachment and recognition for the adult population as a means to increase protective factors against adult substance use Encourage and support community education efforts regarding ATOD use to increase awareness of dangers, to promote available resources, and to reduce the stigma assocated with substance use Support local law enforcement and other agency efforts to increase their capacity to reduce substance use in adults

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1

Goal 1

Random student drug testing with a positive result for DRUG USE will decrease by .5% for middle school students and 1% for high school students within the 2021-2022 school year; positive tests for cotinine continues to rise

Goal 2

100% of juveniles referred to Teen Court for ATOD-related offenses in 2022 will receive at least 1 opportunity for ATOD education

Problem Statement #2

Goal 1

The capacity to serve chemical dependency clients in Wells County will increase by 10 throughout 2022

Goal 2

The number of clients served by the CARE team will increase by 5 throughout 2022

Problem Statement #3

Goal 1

Positive drug screens for probationers participating in MRT and other probation services will decrease by 2% during 2022

Goal 2

Overdose deaths occurring in Wells County in 2022 will decrease by 1 within the year

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1	1. Fund prevention and/or education
Random student drug testing with a positive result	programs focused on youth ATOD use;
for DRUG USE will decrease by .5% for middle	including virtual options
school students and 1% for high school students	
within the 2021-2022 school year; positive tests	2. Support intervention and/or treatment
for cotinine continues to rise	efforts focused on youth; including
	virtual/telehealth options
	3. Fund training for law enforcement
	and/or justice services and supports that
	enhance youth recovery from alcohol use
	, , , , , , , , , , , , , , , , , , , ,
Goal 2	1. Fund random drug testing programs to
100% of juveniles referred to Teen Court for	help deter ATOD use for students
ATOD-related offenses in 2022 will receive at	
least 1 opportunity for ATOD education	2. Support intervention and/or treatment
	options for schools to refer students,
	including remote learning options
	3. Fund and support SRO's to enhance
	efforts to educate and monitor students in
	regards to ATOD use
Problem Statement #2	Steps
Goal 1	1. Fund prevention and/or education
The capacity to serve chemical dependency clients	programs and services; educate providers
in Wells County will increase by 10 throughout	and members of the community on
2022	services available
	2 Symmet nevy and symmet interpreties
	2. Support new and current intervention and/or treatment efforts available in the
	and/or deadinent enorts available in the

Goal 2	community; including virtual/telehealth options 3. Support efforts to remove transportation and other barriers experienced by the recovery community 1. Support education efforts for CARE
The number of clients served by the CARE team will increase by 5 throughout 2022	and other programs to support recovery services2. Fund intervention and treatment efforts to support recovery
	3. Support justice services and/or programs used to support recovery
Problem Statement #3	Steps
Goal 1 Positive drug screens for probationers participating in MRT and other probation services will decrease by 2% during 2022	1. Fund prevention and/or education programs for the general community and for professionals regarding substance use
	2. Support awareness for substance use intervention and/or treatment efforts
	3. Fund training for law enforcement/justice services and/or supports that enhance recovery efforts
Goal 2 Overdose deaths occurring in Wells County in 2022 will decrease by 1 within the year	1. Support prevention/education programs or training for parents and providers
	2. Support intervention and/or treatment efforts for individuals
	3. Support justice services and/or supports to enhance adult recovery from alcohol and drugs

IV. Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Fu	Funding Profile					
1	Amount deposited into the County DFC Fund from fees collected last year:			\$22,539.80		
2	Amount of unused funds from last year that will roll over into this year:			\$0.00		
3	Total funds available for program	as and administrative costs for thi	s year	\$22,539.80		
	(Line 1 + Line 2):					
4	Amount of funds granted last year			\$20,544.07		
	ditional Funding Sources (if no n					
A	Substance Abuse and Mental Hea	\	MHSA):	\$0.00		
В	Centers for Disease Control and I	· /		\$0.00		
C	Bureau of Justice Administration	` /		\$0.00		
D	Office of National Drug Control	· · · /		\$0.00		
E	Indiana State Department of Heal			\$0.00		
F	Indiana Department of Education	· /		\$0.00		
G	Indiana Division of Mental Healt	,		\$0.00		
H	I Indiana Family and Social Services Administration (FSSA):			\$0.00		
Ι	Local entities:			\$0.00		
J	Other:			\$0.00		
_	tegorical Funding Allocations					
	vention/Education:	Intervention/Treatment:	Justice Se			
\$5,	634.95	\$5,634.95	\$5,634.95			
Fm	nding allotted to Administrative	costs.				
	nized list of what is being funded	costs.	Ami	ount (\$100.00)		
	ordinator compensation		\$5,500.00			
	Office supplies \$134.95					
Funding Allocations by Goal per Problem Statement: Problem Statement #1 Problem Statement #2 Problem Statement #3						
FIG	Froblem Statement #1 Froblem Statement #2 Froblem Statement #3					
Goal 1: \$2,817.47 Goal 1: \$2,817.47		Goal 1: \$2	2.817.47			
	σω τι ψ Ξ ,στ/τι/					
Go	Goal 2: \$2,817.48 Goal 2: \$2,817.48 Goal 2: \$2			2,817.48		
	2001 21 42,017110					